

POLICY 444, ATTACHMENT B,
NOTICE OF LEGAL RIGHTS FOR PERSONS WITH SERIOUS
MENTAL ILLNESS
CHAPTER 400 – OPERATIONS

ACOM POLICY 444, ATTACHMENT B,
NOTICE OF LEGAL RIGHTS FOR PERSONS WITH SERIOUS MENTAL ILLNESS

If you have a serious or chronic mental illness, you have legal rights under federal and state law. Some of these rights include:

1. The right to appropriate mental health services based on your individual needs.;
2. The right to participate in all phases of your mental health treatment, including individual service plan (ISP) meetings.;
3. The right to a discharge plan upon discharge from a hospital.;
4. The right to consent to or refuse treatment (except in an emergency or by court order).;
5. The right to treatment in the least restrictive setting.;
6. The right to freedom from unnecessary seclusion or restraint.;
7. The right not to be physically, sexually, or verbally abused.;
8. The right to privacy (mail, visits, telephone conversations).;
9. The right to file an appeal or grievance when you disagree with the services you receive or your rights are violated.;
10. The right to choose a designated representative(s) to assist you in ISP meetings and in filing grievances.;
11. The right to a case manager to work with you in obtaining the services you need.;
12. The right to a written ISP that sets forth the services you will receive.;
13. The right to associate with others.;
14. The right to confidentiality of your psychiatric records.;
15. The right to obtain copies of your own psychiatric records (unless it would not be in your best interests to have them).;
16. The right to appeal a court-ordered involuntary commitment and to consult with an attorney and to request judicial review of court-ordered commitment every 60 days.;
17. The right not to be discriminated against in employment or housing.

If you would like information about your rights, you may request a copy of the "Your Rights in Arizona as an Individual with Serious Mental Illness" brochure or you may also call the Office of Human Rights (OHR) at 1-800-421-2124 or at (602) 364-4585 in Phoenix. You may call OHR in Flagstaff at (928) 214-8231 or 1-877744-2250. In Tucson, OHR may be contacted at (520) 770-3100 or 1-877-524-6882.



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