

## 1240-B ADULT DAY HEALTH CARE<sup>1</sup> SERVICES

EFFECTIVE DATES: 02/14/96, xx/xx/xx<sup>2</sup>

APPROVAL DATES: 07/01/99, 10/01/01, 07/01/04, 03/01/06, 06/01/06, 09/01/06, 03/01/07, 10/01/07, 07/01/12, 10/01/13, 10/17/19<sup>3</sup>

### I. PURPOSE

This Policy applies to ALTCS E/PD Contractors and Fee-For-Service (FFS) Programs including: the Tribal ALTCS Program. This Policy establishes requirements for Adult Day Health Services.

### II. DEFINITIONS

#### ADULT DAY HEALTH SERVICES

A program that provides planned care, supervision and activities, personal care, personal living skills training, meals, and health monitoring in a group setting during a portion of a continuous 24 hour period. Adult day health services may also include preventive, therapeutic and restorative health-related services that do not include behavioral health services (A.R.S. §36-401).<sup>4</sup>

#### HOME

As specified in A.A.C. R9-28-101, a residential dwelling that is owned, rented, leased, or occupied by a member, at no cost to the member, including a house, a mobile home, an apartment, or other similar shelter. A home is not a facility, a setting, or an institution, or a portion of any of these that is licensed or certified by a regulatory agency of the state as a:

1. Health care institution under A.R.S. §-36-401;
2. Residential care institution under A.R.S.-§ 36-401;
3. Community residential setting under A.R.S. §-36-551; or
4. Behavioral health facility under 9 A.A.C. 20, Articles 1, 4, 5, and 6<sup>5</sup>.

<sup>1</sup> Deleted to align with the policy and contract

<sup>2</sup> Date Policy is effective

<sup>3</sup> Date Policy is approved

<sup>4</sup> Definition added is per Contract

<sup>5</sup> Added definition to align with the content. Definition is per A.A.C. R9-28-101

### III. POLICY

~~ALTCS covers services provided by~~<sup>6</sup> Adult Day Health care facilities which are licensed by the Arizona Department of Health Services (ADHS). ~~Services are available for members who reside at home and are either elderly and/or have physical disabilities.~~ Medical necessity for this service is met if members<sup>7</sup> reside at home,<sup>8</sup> ~~who~~ need supervision, assistance in taking medication, recreation and socialization, or personal living skills training. Health monitoring and/or other health related services such as preventive, therapeutic, and restorative health care services may also be provided in this setting<sup>9</sup> ~~are also included.~~ **Members with developmental disabilities are not eligible for this service.**<sup>10</sup>

#### Amount, Duration and Scope

~~ALTCS members who reside in their own home may receive adult day health care.~~

Assisted Living Facilities (ALF) are required by licensure standards and by State regulation (A.A.C. –R9-10-808) to provide residents with adequate recreation and socialization opportunities. ~~If For ALTCS members residing in an ALF who reside in an adult foster care home, assisted living home or assisted living center who may need are to receive adult day health care~~ Adult Day Health Services—services, special justification is required by the member’s case manager and prior<sup>11</sup> approval required by the ~~Managed Care Contractor or AHCCCS Administration Tribal ALTCS Program for FFS members.~~<sup>12</sup> Assisted Living Facilities are required by licensure standards and by State regulation (R9 10 808) to provide residents with adequate recreation and socialization opportunities. ~~Members residing in~~ a Behavioral Health Residential Facilities (BHRFs) facilities are not eligible to receive adult day health care Adult Day Health Services. services.

~~Within the same day, attendant care, home health aide services or personal care services can only be provided by exception with adult day health care.~~

~~Specific justification as to the circumstances for the need for one of the above services and adult day health care services must be documented by the case manager and approved by the Contractor for managed care members, or the AHCCCS Administration for FFS members.~~<sup>13</sup>

~~Group~~<sup>14</sup> Respite care services may be provided as a substitute when ~~adult day health care~~ Adult Day Health Services ~~services~~ are not available. Reference AMPM 1250-D Respite policy.<sup>15</sup>

<sup>6</sup> Condensing for brevity

<sup>7</sup> Language incorporated from below

<sup>8</sup> Removed unnecessary language

<sup>9</sup> Language incorporated from below

<sup>10</sup> Deleted as the service is not applicable to DDD members

<sup>11</sup> Included ‘prior’

<sup>12</sup> Added programs

<sup>13</sup> Deleted. If the situation arises, the health plan under provider will request clarification for prior authorization.

<sup>14</sup> Removed the reference to group respite and added reference to AMPM respite policy

<sup>15</sup> Removed the reference to group respite and added reference to Respite policy.

~~Group respite care providers are required to comply with the standards and requirements specified in this Policy for respite care.~~

~~In order to participate in group respite care, members must be:~~

~~Continent of bowel and bladder or able to provide self care  
Ambulatory, or if wheelchair bound, be self-propelling and need only standby assistance for transfer~~

~~Able to attend respite programs without the need of medications while in program, or be able to self-administer medications~~

~~Not in need of any licensed services during program's daily operation, if licensed personnel are not included in the provider's staffing for the group respite program, and~~

~~Not a danger to himself/herself or others.<sup>16</sup>~~

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<sup>16</sup> [Moved this part to AMPM Policy 1250-D](#)